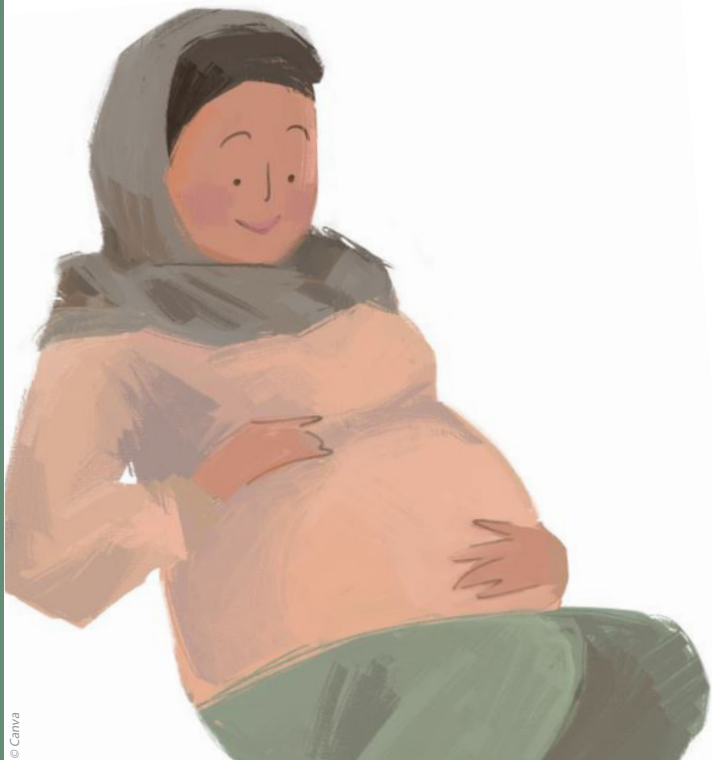


# BIRTH PREPARATION COURSE

Course in english



© Canva



Registration  
via QR-Code

Familienplanungszentrum

BALANCE

# BIRTH PREPARATION COURSE

Course in english

Our Midwife Maria prepares for the upcoming birth, the postpartum period and the breast feeding period with easy explanations, practical exercises and plenty of space for questions.

The courses are free of charge and are especially for pregnant persons without health insurance or unclear resident status.

Further information and contact by e-mail and registration via QR-Code or [www.fpz-berlin.de](http://www.fpz-berlin.de)


Maria Schneider

Midwife &  
consultant team migration

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[www.fpz-berlin.de](http://www.fpz-berlin.de)

 [@fpz\\_balance.berlin](https://www.instagram.com/fpz_balance.berlin)

Funded by:



Location

Family planing center BALANCE

Konrad-Wolf-Str. 12/12A

Entrance via backyard, 1st floor

13055 Berlin-Lichtenberg

**Familienplanungszentrum**

